Paramhansa Yogananda
Public Charitable Trust

Yogananda Cares
The Vrindavan Chapter – August 2022

"Only love can take my place"

~Paramhansa Yogananda

Dear Friends,

Radhey Radhey to you!

Many Congratulations to all who have been connected with the Yogananda Trust Vrindavan through the years! On 4th August 2022 we completed 7 years of seva and are looking forward to many more years in many many cities pan India with your support.

Janmashtami (Lord Krishna's Birthday) is just around the corner and we are eagerly looking forward to celebrating this with You. Please do come and be a part of this blessed occasion. In this newsletter you will find that we have introduced new names to our seva areas, like Nitya Ahar Seva (Daily Milk &Veg), Anna Seva (Monthly Ration), Arogya Vardhan (Medical Seva) and so on; and we will be using these names henceforth. Apart from giving you an overview of what is happening at the Yogananda Trust, we will focus on any one area of service each month and try and give you an in depth tour of that seva.

This month we would like to bring to you details of a very significant service, which is known as Arogya Vardhan (Medical Seva). This was started in the year 2015 keeping in mind the dire need of free accessible medical care for the Elderly and all the destitute in and around Vrindavan, who otherwise would go untreated. The Swamijis at the Rama Krishna Mission Hospital in Vrindavan (our health care implementation partner) say that without the financial support of the Yogananda Trust towards medical service, they would never have been able to cater to so many needy people every month and create a significant impact. The trust not only provides financial support but also personalized service to the beneficiaries coming to get treated in the hospital. Read on to know more.

We will never tire of expressing our deep gratitude to you for your continued support and love. With your help we have been able to reach this far. Let's continue to strive to "do more and better" as my Teacher says! Looking forward to this beautiful journey ahead with You. God bless you.

In Divine Friendship,

Jayeeta Chakraborty

Impact

MONTHLY RATION DISTRIBUTION (ANNA SEVA)

2 lakh 33 thousand units distributed till date
1889 Units distributed in July '22

DAILY MILK AND VEGETABLE DISTRIBUTION (NITYA AAHAR SEVA)

3 lakh 47 thousand units distributed till date
40,584 Units distributed in July '22

MEDICAL PROGRAM (AAROGYA VARDHAN)

3 lakh 52 thousand OPD Treatments till date
1 lakh 10 thousand Surgeries till date
July '22 : 1082 OPD, 25 IPD including 6 surgeries

FEED THE ANIMALS (PASHU SEVA)

6 lakh 86 thousand servings till date
22,760 Servings in July '22
(600 Monkeys, 55 dogs and 45 cows)

Aarogya Vardhan

(FREE MEDICAL CARE FOR ALL DESTITUTE IN AND AROUND VRINDAVAN, AS WELL AS ELDERLY MOTHERS)

The founder of the trust was visiting Vrindavan when she came across an abandoned elderly lady lying on the street. The woman was frail and sickly and needed immediate medical attention. She came across many such destitute who due to lack of medical facilities were suffering. And the Aarogya Vardhan program took its form in December 2014.
Through the Aarogya Vardhan program, on a monthly basis approximately 4096 patients are being helped. Till date 3 lakh 52 thousand OPD Treatments and 1 lakh 10 thousand Surgeries have been done.

The medical operating partner of the Paramhansa Yogananda Public Charitable Trust is Ramakrishna Mission Sevashram Hospital. They have excellent doctors and state of the art facilities to cater to all medical needs.

Seeing the work that Yogananda Trust is doing in helping elderly mothers get complete free medical treatment, a very well know corporate organization, Multi-Commodity Exchange (MCX) has joined hands with us.

As part of the Aarogya Vardhan Program, the following services are being provided to all the destitute and elderly mothers:

Complete Medical Assistance

Pre-post-operative care
Bedside care
Medicines and Medical Support Accessories

Pyscho-social Counseling Support

Recreational and developmental activities
Counseling support
Interactive programs
Provide love, warmth, and support of a family

To ensure all healthcare requirements of the mothers and destitute are being addressed, the Aarogya Vardhan Program constitutes the following aspects:

Our Hospital Assistants collect the mothers and other destitute that need to see the doctor from their assigned localities of Vrindavan and Radhakund in the Yogananda Trust owned ambulance and/or Erickshaw. They are brought to the OPD section where our Hospital co-ordinator is ready with the appointments.

There are 9 full-time employees at the hospital looking after the poor patients undergoing treatments and surgeries. The OPD Assistants aid in getting admission into the hospital, communicating with the doctors, explaining the treatment to the patients, and procuring medicines and medical equipment as per requirement.

The tasks of the Hospital Assistants are - Registration of the patients in the OPD counter, taking the patients to see the doctor as per the token given. As per diagnosis tests are done and medicines are collected, or hospital admission is done. If required the Hospital Assistants deliver the medicine to the patient's homes as well.

The patients who are admitted in the hospital for any procedure or any serious issue are looked after by the Yogananda Trust appointed 24-hours Bedside Care Attendants for the entire duration of stay at the hospital, without whom the hospital will not allow any patient admission

Complete care of the infirm mothers is taken within their homes in the community, including bathing, cooking, cleaning etc.

24 X 7 support for all emergency requirements of the mothers and fathers in the community is provided by the Trust.

Regular health camps are arranged to check health parameters and the vitals of the mothers and destitute for prevention and early detection ailments.

Volunteering Opportunities

JANMASHTAMI SEVA

Dates for the Pilgrimage Seva – 18th to 21st August 2022

Radhey Radhey! We have a special offering for you!
In August we have organised for the first time, a Janmashtami Seva Pilgrimage where you and your family can celebrate Krishna's Birthday with the Mothers (Gopis) of Vrindavan and take part in some high energy seva opportunities! We welcome you to get abundant blessings and bask in these sacred vibrations! We will be happy to assist regarding Accommodation, Meals, and Travel.

For more details please contact Divisha on divisha@anandaindia.org, +91 99679 70630

Circle of Love

We take this opportunity to convey our heartfelt gratitude all the ***Circle of Love volunteers*** who are with us and connect with the mothers through the ***weekly fifteen minute video call.***

Currently, 27 mothers and 52 volunteers are part of this initiative and the testimonials portray the experience of the volunteers & mothers.

The mothers eagerly look forward to these calls and spend some joyous time during the interaction. We have received feedback from the volunteers who are part of this program that they too find the interaction very enriching, and they get to learn many things from the Mothers.

This month, we welcomed ***7 volunteers*** who have initiated their Circle of Love calls with the Mothers.

We are happy to share some testimonials of our volunteers

Had an amazing chat with Bhakti Maa. We never asked names. As soon as Ma saw me, she said baccha mere.
I got her introduced to my 16 year old son too.
She spoke at length about the benefits of yoga. Her niece and nephew are in Vietnam teaching yoga.
Ma herself taught history and geography to children privately and blessed me with all her might, when she heard I have been teaching for the past 22 years.
She invited me over to Vrindavan and to the Ashram.
She was in splits, speaking about the monkeys on the terrace, running away with the clothes on the washing line.

What an amazing 15 minutes of my life.

I spoke to Chintamani Maa.
So warm and chatty she was! Devout Krishna devotee ....yearning to visit the temples which she's been missing since 2 yrs of lockdown.

She told me a nice story about Lord Jagannath; while I sang Paramhansa Yogananda's chant 'Hey Hari Sundara'.
We spoke comfortably for 30 mins n later chatted with Rama (Ashram Coordinator) too who explained about how Gurudev took care of all of them during the Covid episodes since last year n protected all.
Thank you for the opportunity to meet such beautiful souls

Aum Guru!

Thank you all

Rakhi Datta on her Circle of Love calls with Bhakti Maa

Moumita Deb on her Circle of Love calls with Chintamani MaaBhakti Maa

Special Events in July 2022

Hariyali Teej

Hariyali Teej is observed in the month of Sawaan (monsoons) as per the Hindu calendar.

Significance of Hariyali Teej in North India - Hariyali Teej observes the reunion of Lord Shiva and Goddess Parvati. According to Hindu scriptures, Lord Shiva accepted Goddess Parvati as his wife on the day of Hariyali Teej. In North India, married women celebrate Hariyali Teej for the longevity and welfare of their husbands.

Significance of Hariyali Teej in Vrindavan - During monsoon, Radha, Krishna and the Gopis would celebrate this festival in the gardens of Vrindavan through Raas, dancing and swinging on beautifully decorated swings. Hariyali Teej is elaborately celebrated in Vrindavan. Devotees lay out swings for Krishna and Radha idols that are intricately draped and adorned with ornaments, and the main colour scheme is Green.

Hariyali Teej celebrations at the Ashram - On 31st July this year, our mothers celebrated Hariyali Teej with pomp and splendor in the Ashrams. They wore green sarees, laid out a beautifully decorated swing for Krishna and Radha idols, and sang Chants and Kirtans with enthusiasm.

Guru Purnima

Guru Purnima was celebrated on 13th July in all our Ashrams and the Yogananda Trust office. Here are some pictures showing the celebrations.

With folded hands, bowed head, and heart laden with the myrrh of reverence, I come to Thee. Thou art my parents; I am Thy child. Thou art the Master; I am ready to obey the silent command of Thy voice. I conjured the fragrant devotion of all hearts and mixed it with my tears. Now I am eager to wash Thy feet in silence. A river of my ardent crystal tears of craving rushes forth to meet Thee. Wilt Thou see that my boisterous flood of devotion be not lost in the desert of disappointment? Wilt Thou see that my mad flood of devotion follow always the right course, which leads to Thee?

- Paramhansa Yogananda,
Whispers from Eternity

Send in your Requests for Healing Prayers

"The channel is blessed by what flows through it"

~Paramhansa Yogananda

If you or anyone who you know is in need of healing, do share with us your healing prayer request. **45 mothers and 26 staff members do healing prayers twice a day and would love to pray for your well-being.**

Send in your healing prayer requests to
Triptipandey@yoganandatrust.org

Mother Shares

Narayani Maa came to Vrindavan 40 years ago. She has two sons and a daughter and she got them all married. She and her husband were living happily.

One day she was traveling to the Bhajana- Ashram (a place where bhajans are chanted for Lord Krishna), and she met with an accident that broke her hip-bone. After a while, her husband got very sick and then died. She was left all alone to fend for herself.

She waited for forty days for her sons to come and take her along with them, but they did not come. Owing to ill health, it was getting very difficult to manage her daily routine.

As part of the Yogananda Trust's staff daily scouting trips, they came across Narayani Maa who was trying to use the gas-stove while she was not even able to get up or walk properly. They brought her with them to the Ashram. They started taking care of all her daily requirements at the Ashram.

Narayani Maa is now happily settled and feels completely at home at the Ashram.

Narayani Maa

Gallery

Stay Connected

We would love to hear from you on how you are doing and on any suggestions you may have to help us serve better. Forever grateful to you for your love and service.

https://www.facebook.com/YoganandaPublic-CharitableTrust/

https://www.instagram.com/paramhansayoga-nandatrust/

https://www.linkedin.com/company/yoga-nanda-trust/

https://www.youtube.com/c/Yogananda-Trust

Donate Now